

Radiogram 7441u Form 24 for 02/18/04

**Orlan prep for EVA. Orlan Suited Exercise for Soyuz EO Ingress**

GMT	CREW	ACTIVITY
02:00-02:10		Morning inspection
02:10-02:25	FE-1	Post-sleep
	CDR	Biochemical urine test
02:25-02:40	FE-1	
02:25-02:55	CDR	Post-sleep
02:40-02:50	FE-1	UROLUX: stowage
02:50-03:05		Post-sleep
02:55-03:45	CDR	BREAKFAST
03:05-03:55	FE-1	BREAKFAST
03:55-04:20		Prep for work
03:55-04:25	CDR	Prep for work
04:20-04:25	FE-1	RASTENIYA-2. Hardware status check.
04:25-04:40	.	DPC ( <i>S-band</i> )
04:40-05:10	CDR, FE-1 (as desired)	Prep for EVA conference with MCC-H ( <i>S-band</i> )
05:20-05:25	CDR	TVIS weekly maintenance
05:25-05:35		Wire rope inspection
05:25-06:00	FE-1	Onboard oxygen tank (БК-3) and portable repress tank (БНП)
05:35-05:45	CDR	TVIS data download to MEC
05:45-06:00		Scheduled inspection of RED
06:15-07:05	FE-1 CDR (assist.)	Cardiovascular evaluation during graded exercise ( <b>To= 06:35</b> ) <i>Tagup (VHF)</i>
07:05-07:50	.	Timeline review for exercise in Orlan translating from DC1 to Soyuz EO. <i>Tagup (S-band)</i>
07:50-08:40	CDR FE-1 (assist.)	Cardiovascular evaluation during graded exercise ( <b>To= 08:10</b> ) <i>Tagup (VHF)</i>
08:40-09:40	FE-1	Physical Exercise (VELO + Force loader/cycle 1) day 1
08:40-08:55	CDR	Food questionnaire
08:55-09:00		Soyuz 7 stage payload status check (Increment 8)
09:10-09:40		COЖ maintenance
09:40-10:40	.	LUNCH
10:40-11:40	CDR	Orlan height adjustment
	FE-1	Orlan and БСС leak check and Orlan valve functional check
11:40-12:40	CDR	
11:40-12:15	FE-1	Orlan height adjustment
12:15-13:45		Soyuz 213 EO prep for training and EVA. <i>Tagup (S-band)</i>
12:40-14:55	CDR	Physical Exercise (TVIS + RED)
13:45-14:45	FE-1	Physical Exercise (TVIS) day 1
14:45-15:10		Prep for work
14:55-15:10	CDR	Prep for work
15:10-15:25	.	DPC ( <i>S-band</i> )

15:30-16:00	.	DINNER (Renal: pill ingestion)
16:00-16:30	.	Daily food prep
16:30-17:30	.	Pre-sleep
17:30-02:00	.	SLEEP
<b>Task List</b>	FE-1	Equipment search

**Note:** See OSTP for references to US activities  
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